FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

gton, D.C. 20549	=

OMB APPROVAL									
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Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bamforth Mark R					2. Issuer Name and Ticker or Trading Symbol Avid Bioservices, Inc. [CDMO]								elationship of ck all applica Director	able)	j Perso	on(s) to Issu 10% Ov	
(Last) (First) (Middle) 2642 MICHELLE DRIVE, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 01/09/2020								Officer (below)	give title		Other (s below)	pecify
(Street) TUSTIN CA 92780				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Inc Line)							
(City)	(S	tate)	(Zip)										1 013011				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/			Date	Execution Date,		Code (Instr.				Beneficial Owned Fo	s For ally (D) ollowing (I) (Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
					Code	v	Amount	(A) or (D)	Price		orted isaction(s) tr. 3 and 4)			(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ate Execution Date	Code	saction (Instr.	Derivative Securities Acquired or Dispose	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		6. Date Exercisable a Expiration Date (Month/Day/Year)		of Securities		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
				Code	v	(A)	(D)	Date Exercisab	ole	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	oni(s)		
Stock Option (right to buy)	\$6.87	01/09/2020		A		19,675 ⁽¹⁾		01/09/202	1 ⁽²⁾	01/09/2027	Common Stock	19,675	\$0.0000	114,27	75	D	

Explanation of Responses:

- 1. Annual grant of stock options pursuant to the Issuer's non-employee director compensation program.
- 2. This option fully vests one year from the date of grant.

/s/ Stephen Hedberg, by Power

of Attorney for Mark R.

01/13/2020

Bamforth

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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