UNITED STATES SECURITIES AND EXCHANGE COMMISSION Form 144 Filer Information Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001976193 Filer CCC XXXXXXXX Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name Phone

E-Mail Address

144: Issuer Information

Name of Issuer Avid Bioservices, Inc.

SEC File Number 001-32839

14191 Myford Road

Tustin Address of Issuer

CALIFORNIA

92780

714-508-6100 Phone

Name of Person for Whose Account the Securities are To Be Sold Richard A. Richieri

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Member of immediate family of any of the foregoing Relationship to Issuer Spouse of Richard A. Richieri

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker		Aggregate Market Value			Name the Securities Exchange
Common	E*TRADE Financial Corporation 3 Edison Drive Alpharetta GA 30005	2734	36635.60	62729154	07/13/2023	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	Person from	this	Donor	Securities	Payment	Payment *

	Transaction	Whom Acquired	a Acquire Gift?	d Acquired	
Common	10/31/2019 ESPP	Issuer		2327	10/31/2019 Cash
Common	06/15/2019 Vested RSUs	Issuer		407	06/15/2019 Equity Compensation

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Richard A. Richieri 14191 Myford Road Tustin CA 92780	Common	06/29/2023	2758	35030.24
Richard A. Richieri 14191 Myford Road Tustin CA 92780	Common	07/10/2023	564	7766.37
Richard A. Richieri 14191 Myford Road Tustin CA 92780	Common	07/11/2023	1542	21371.03

144: Remarks and Signature

Remarks

Seller is the spouse of Richard A. Richieri. Shares acquired by spouse under ESPP were purchased between 10/31/2019 - 12/31/2020. Shares from spouse's vested RSUs were acquired between 6/15/2019 - 7/10/2020.

Date of Notice 07/13/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Richard A. Richieri

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)